DEPARTMENT OF PHYSICAL EDUCATION

ANNUAL ATHLETIC MEET AND GAMES

10th – 28th February, 2010

COCHIN UNIVERSITY OF SCINECE AND TECHNOLOGY

Kochi – 22, Kerala

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Organising Secretary
Dr. P.K Baby
Head, Physical Education

Organising Committee
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Chairman, University Union
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Mr. Jinu Xavier
Mr. M.S Anandakrishnan
Mr. Sujith S Nair
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Mr. Subin Mashood
Mr. Jithin K
Mr. Shibu G
Ms. Susan George

PED/Annual Atheletic/09-10/76 28.01.2010

To

All Head of the Departments/Directors of Schools / Principals of SoE, CUCEK/ All Principals of Recognized Colleges/Institutes to Cochin University of Science and Technology

Sir,

Sub: Inter Collegiate Tournament and Athletic Meet of CUSAT 2009-10

The Organising Committee of CUSAT annual athletic meet and games 2010 is happy to inform you the detailed fixture and schedule of the programme. The Following events will be conducted in connection with the tournament and sports meet. As part of this, we request you to inform participants about the detailed fixture and rules and regulations of the event. We further request you to make sure that the participants are aware about the rules and regulations.

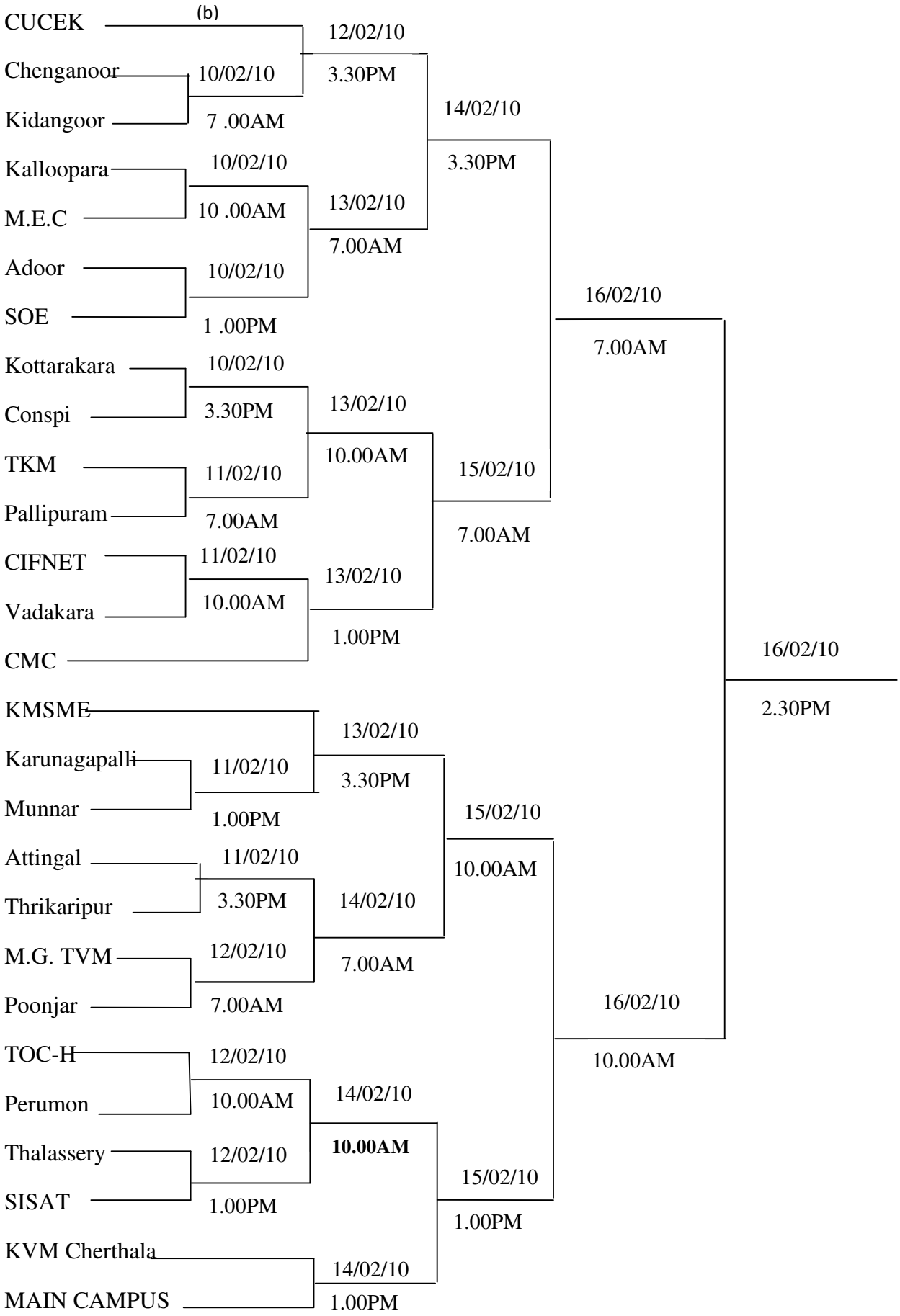
GAMES

No	Games	Number of Participants	Date of the Event
1	Football (Men)	16	17.02.2010
2	Cricket (Men)	14	10.02.2010
3	Basketball (Men and Women)	12	17.02.2010 and 21.02.2010
4	Volleyball (Men and Women)	12	23.02.2010 and 26.02.2010
5	Throw ball	12	22.02.2010
6	Shuttle Badminton (Men and Women)	5	12.02.2010 and 14.02.2010
7	Table tennis (Men and Women)	5	11.02.2010 and 10.02.2010
8	Chess (Men)	5	Event Over
9	Athletics	Maximum of two per college	February 27th and 28th, 2010.

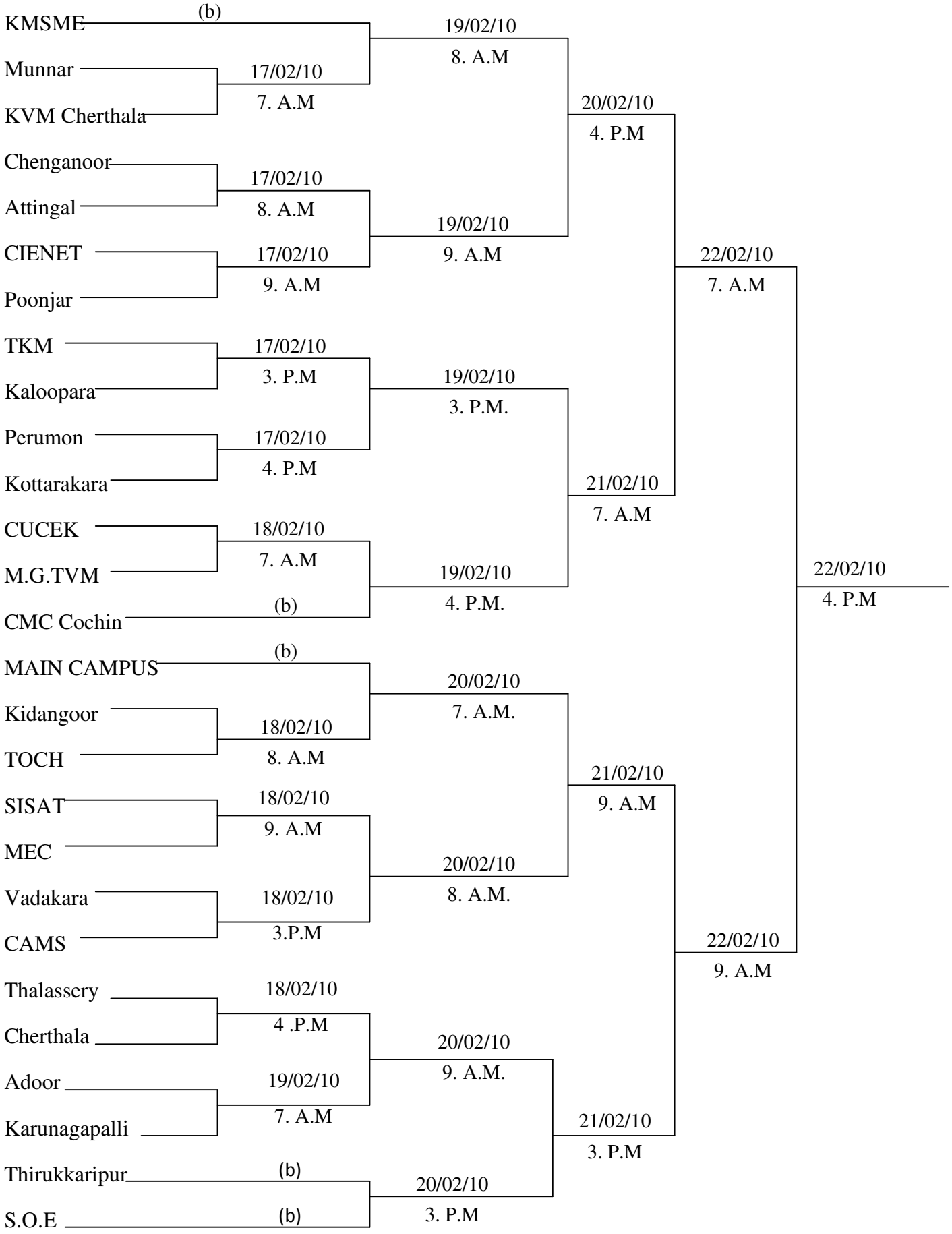
Yours Sincerely,

Dr. P.K Baby
Organizing Secretary

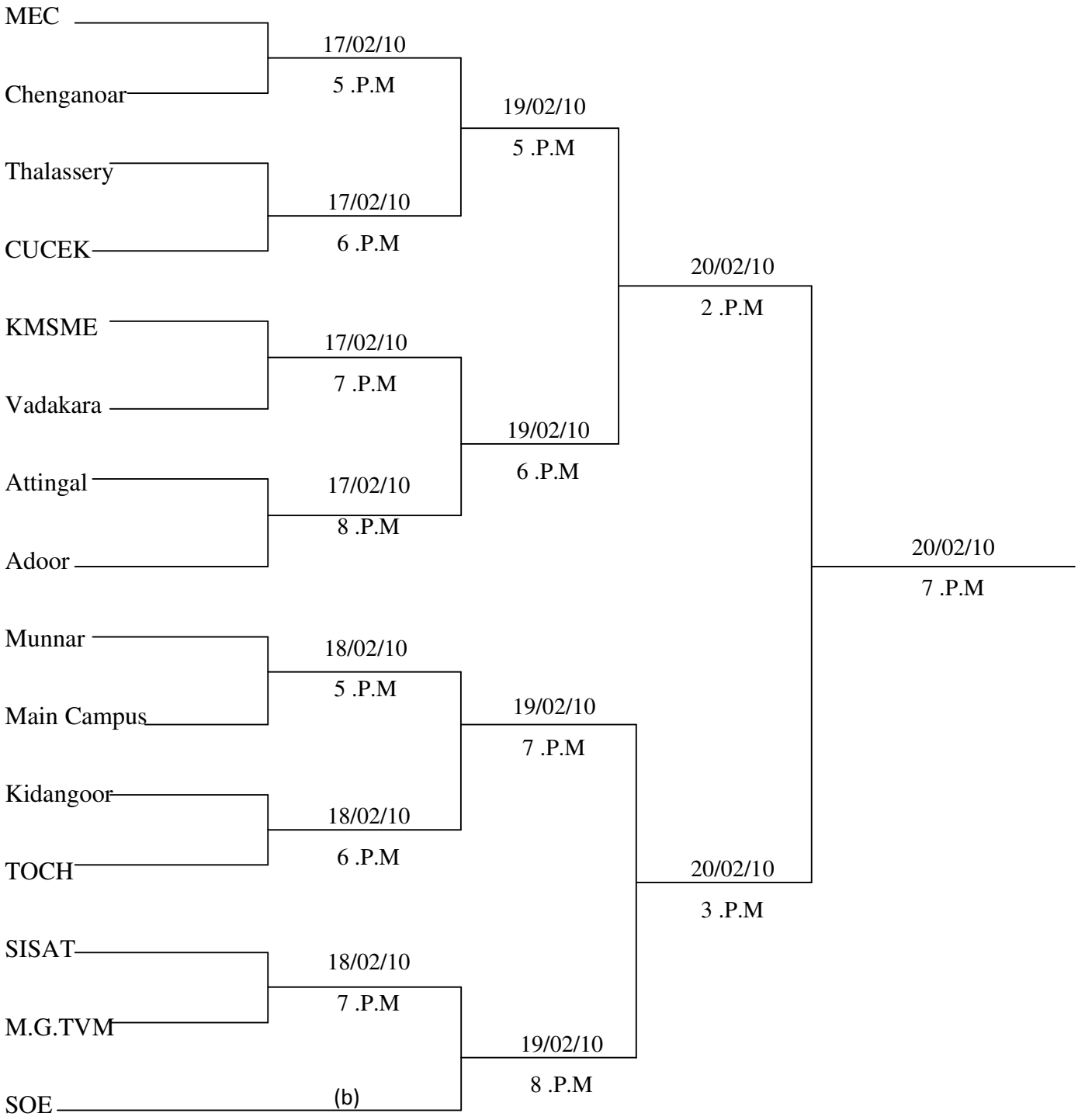
CRICKET (MEN) [Venue: University Main Ground]



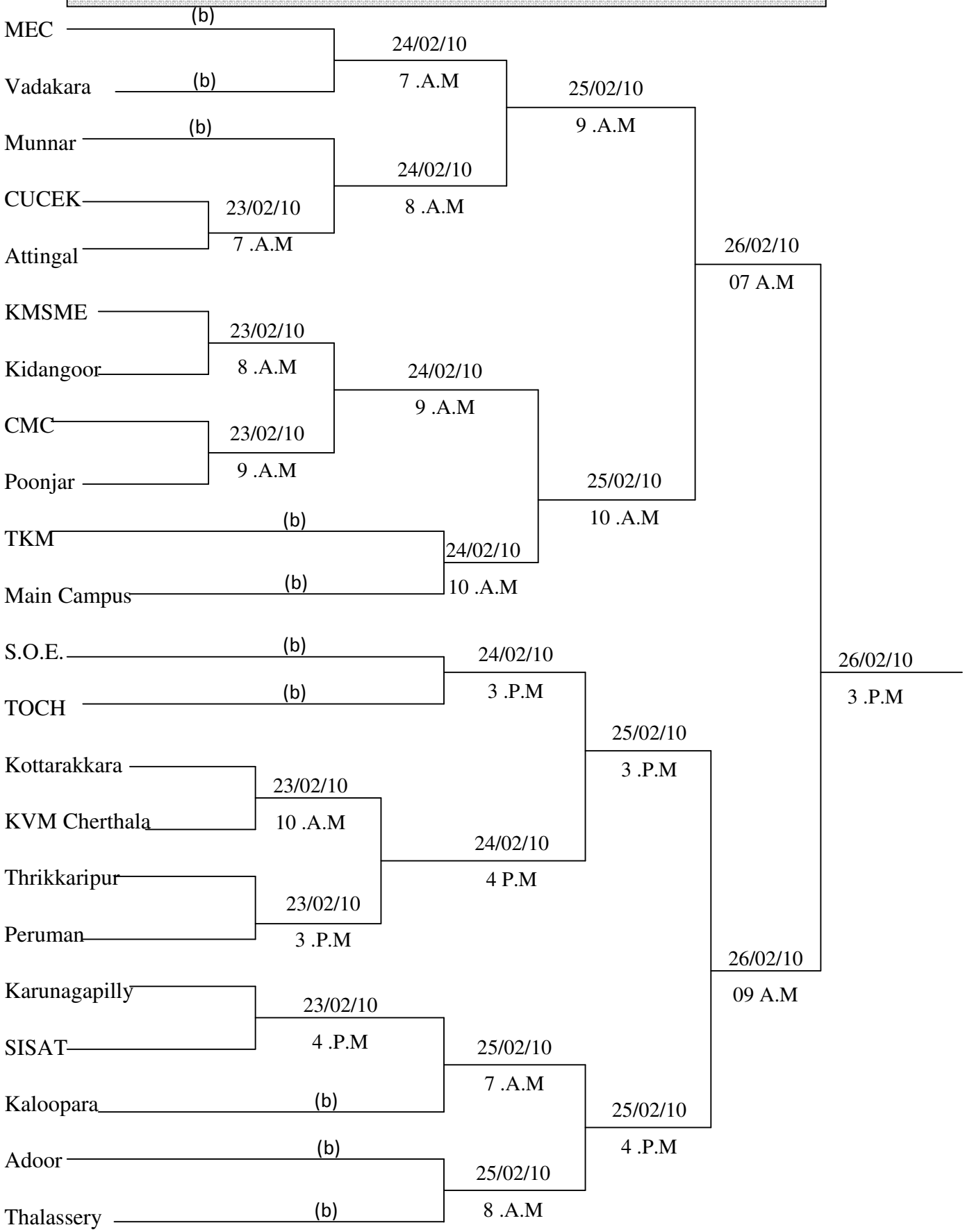
FOOTBALL [Venue: University Main Ground]



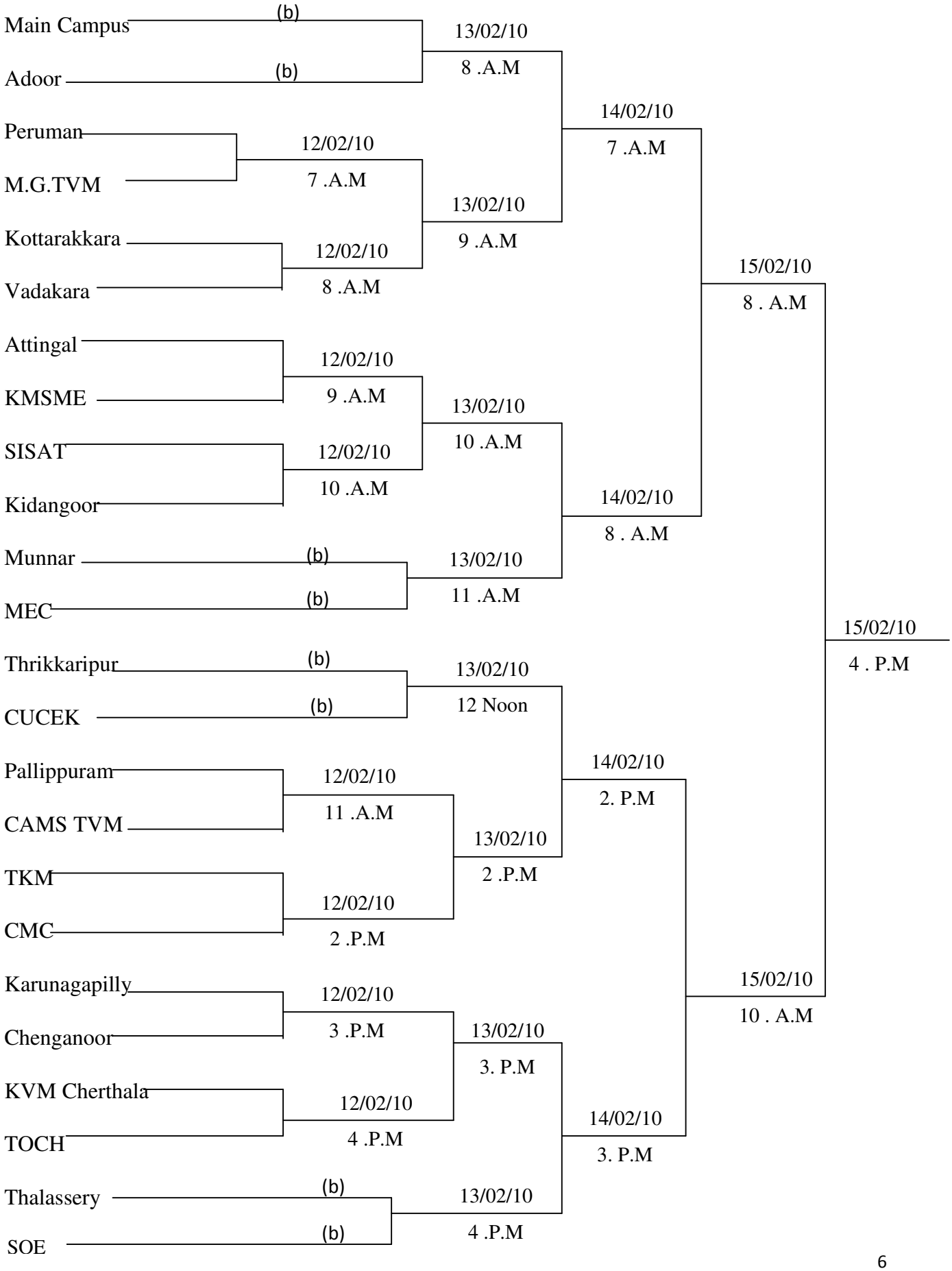
BASKET BALL (MEN) [Venue: University Main Basket Ball Court]



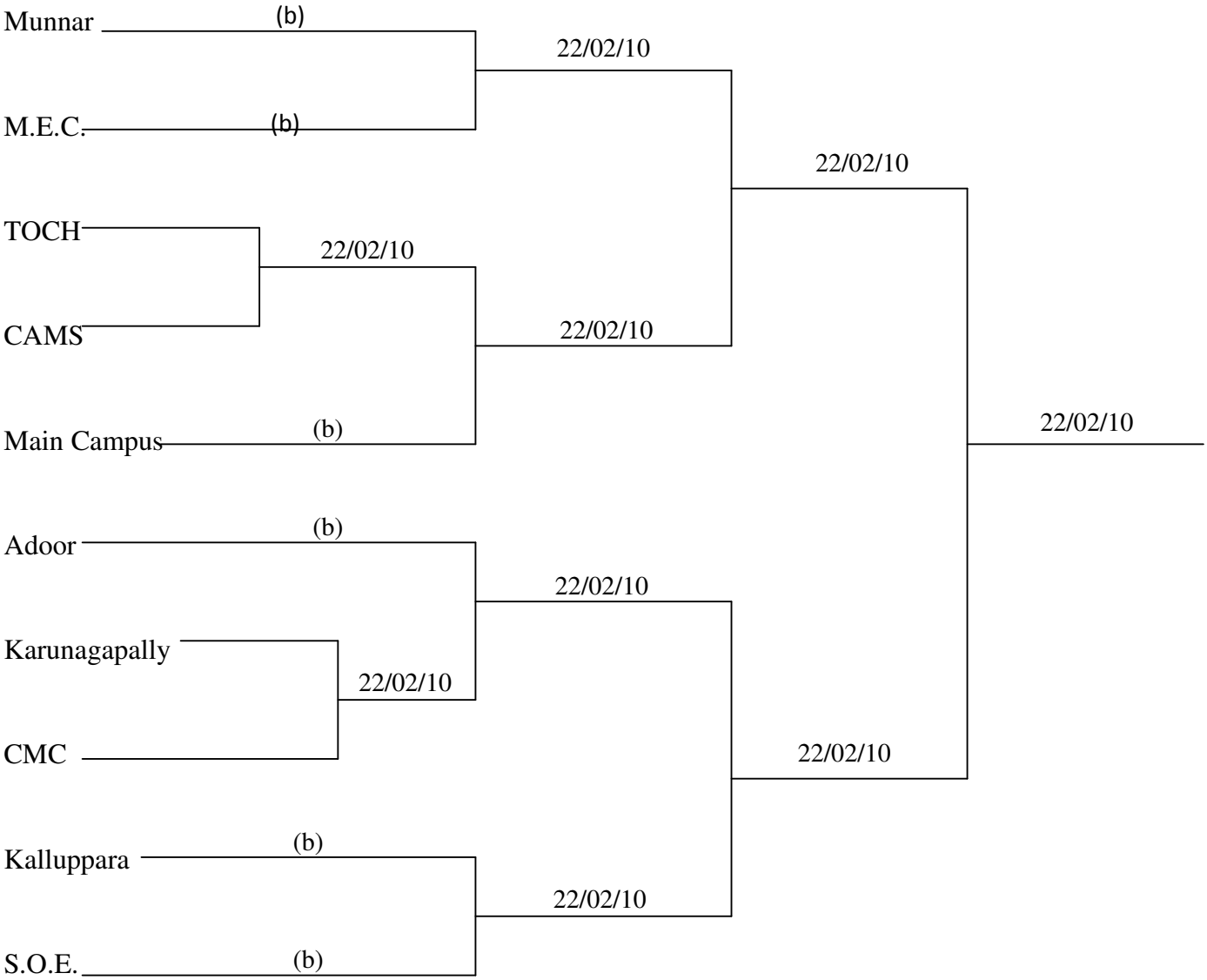
VOLLEYBALL (MEN) [Venue: University Volley Ball Court near Faculty Club]



BADMINTON (MEN) [Venue: University Indoor Court]

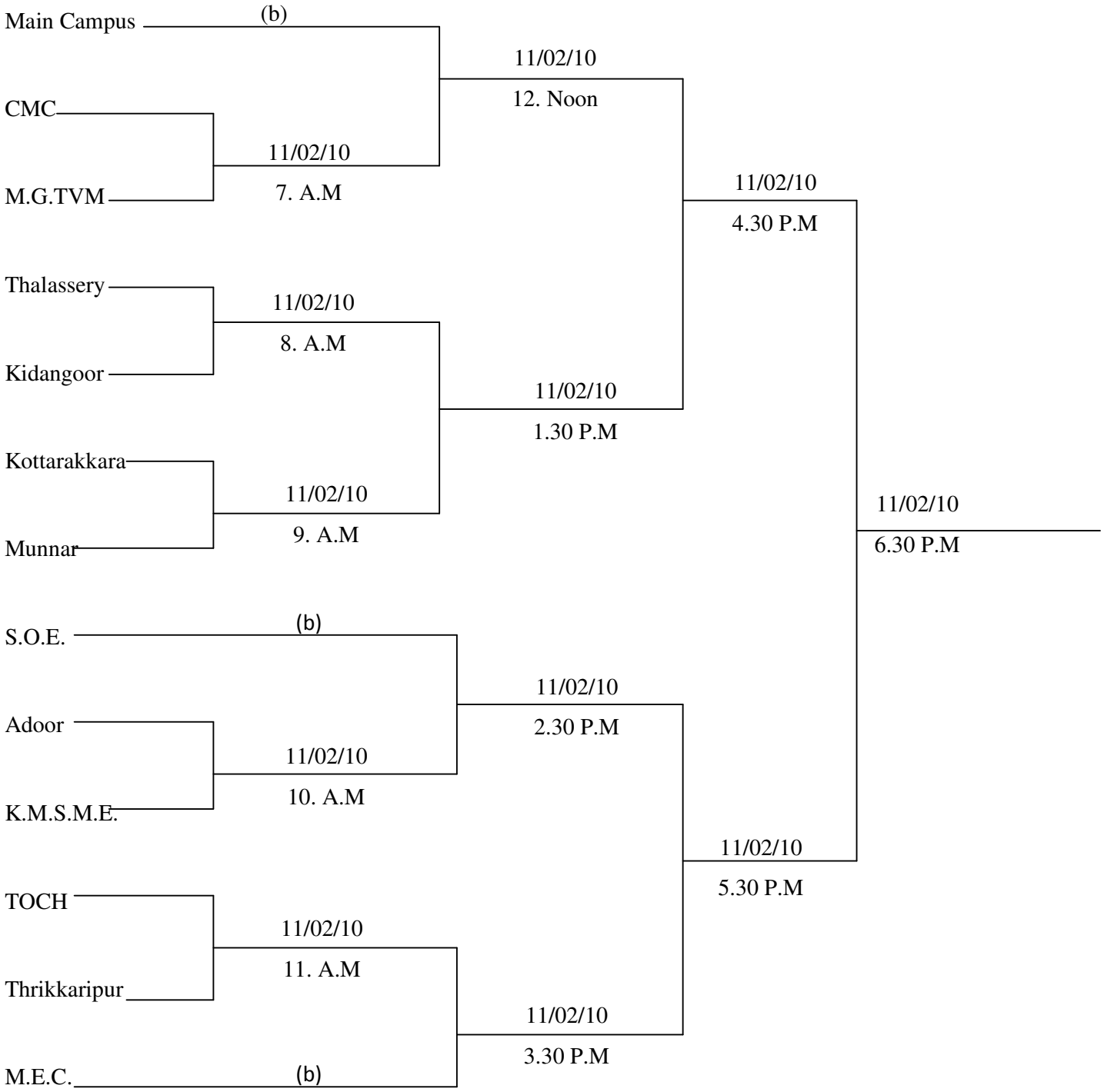


THROW BALL (WOMEN) [Venue: University Volley Ball Court near Faculty Club]

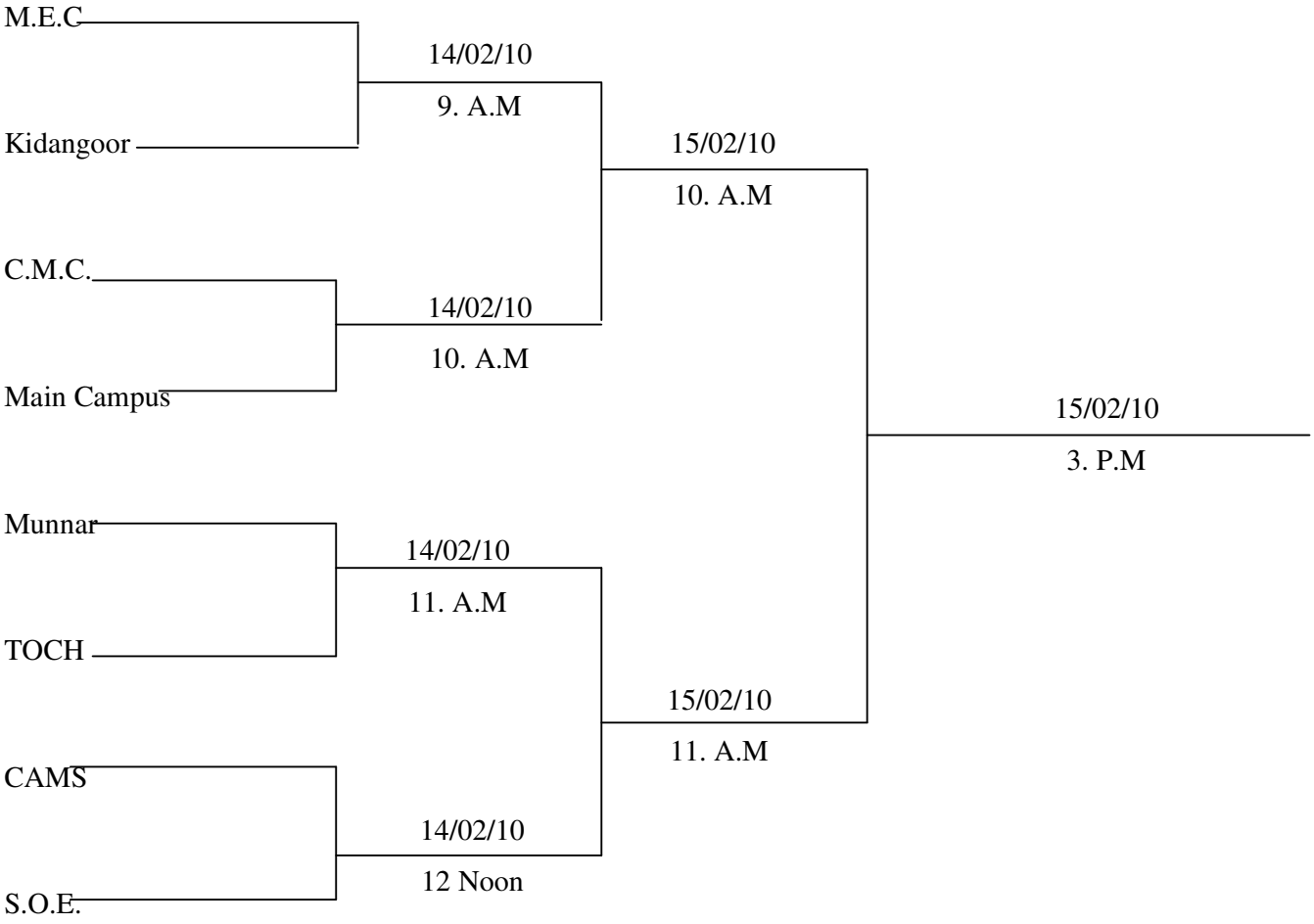


All teams should report at 8.30 AM (22/02/2010)

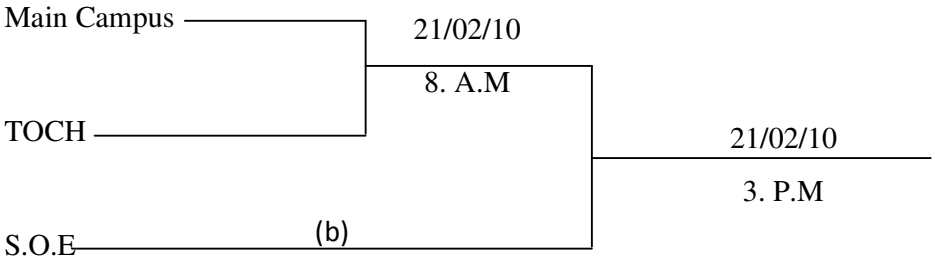
TABLE TENNIS (MEN) [Venue: Sarovar Hostel]



BADMINTON (WOMEN) [Venue: University Indoor Court]



BASKET BALL (WOMEN) [Venue: University Main Basket Ball Court]



VOLLY BALL (WOMEN) [Venue: University Volley Ball Court near Faculty Club]

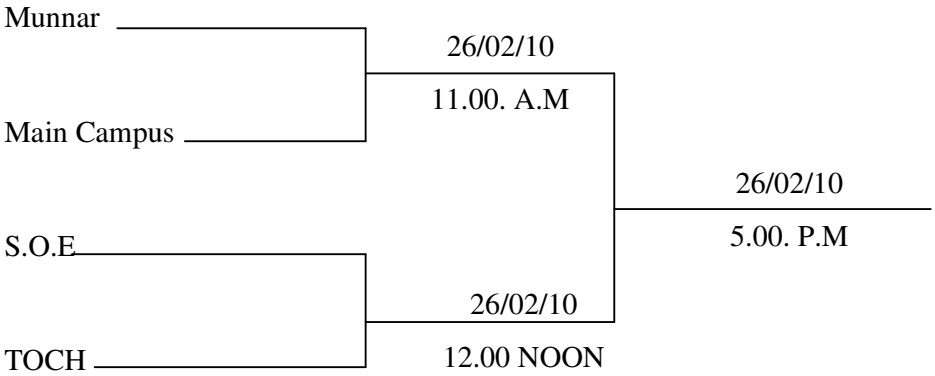
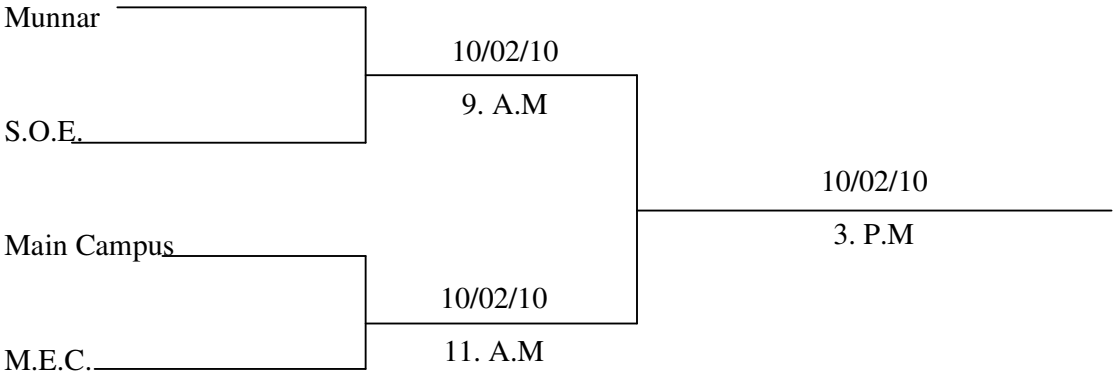


TABLE TENNIS (WOMEN) [Venue: Anaswara Hostel]



ATHLETICS

CUSAT ANNUAL ATHLETIC MEET 2010

27.02.2009 Saturday

08.30 AM	Registration of Athletes
09.00 AM	Assembly of Athletes
09.10 AM	Inauguration Ceremony
09.30 AM	100 m Race Men Heats
09.45 AM	100 m Women Heats
09.45 AM	Long jump Men
09.50 AM	Shot-put Women
10.50 AM	Shot-put Men
10.55 AM	Long jump Women
11.00 AM	400 m Women Heats
11.15 AM	400 m Men Heats
11.30 AM	800 m Women

Lunch Break

03.00 PM	200 m Men Heats
03.15 PM	200 m Women Heats
03.15 PM	High jump Men
03.15 PM	Discuss throw Women
03.40 PM	1500 m Men
04.05 PM	Discuss Men
04.25 PM	100 m Men Final
04.40 PM	100m Women Final
04.50 PM	Javelin Men
05.00 PM	High jump Women
05.40 PM	400 m Men Final
05.50 PM	200 m Women Final

28.02.2009 Sunday

06.15 AM	5000 m Road race Men
09.00 AM	Triple Jump Men
09.30 AM	200 m Men Final
09.45 AM	Javelin Women
10.30 AM	800 m Men Final
10.45 AM	400 m Women Final
10.50 AM	Pole-vault Men
11.00 AM	Triple Jump Women

Lunch Break

03.30 PM	4 x 100 m Relay Men
04.00 PM	4 x 100 m Relay Women
04.30 PM	4 x 400 m Relay Men
05.00 PM	Prize Distribution Ceremony

RULES AND REGULATIONS

i. GENERAL RULES

a. No T.A/D.A will be paid for the team members or participants
b. No accommodation will be provided by the University for the Participating Teams or team managers/coaches for games. However, you can arrange accommodation at lowest cost near the University at the following numbers. University will provide dormitory accommodation for boys and girls at free of cost on 26th evening to 28th evening. Accommodation may be arranged for lady participants in hostels.

OPAL HOMES	- 0484 2544774
Golden Tourist Home, Pathadippalam	- 9846744699
Dormitory accommodation (Bakker)	- 9995553082

c. No food will be provided.
d. No registration fee will be charged.
e. Participants and team managers have to keep utmost discipline during the time of events and stay. If anybody found guilty, the entire team will be declared as disqualified and certificates, attendance or grace marks will not be provided.
f. Decision of the appeal committee will be final, incase of any disputes.
g. All participants have to report at the registration counter at the venue half an hour before the scheduled time of the event. Others entry will be rejected and not allowed to participate in the event.
h. Each participant has to submit two stamp size photographs, details written in reverse side, at the time of registration.
i. Only persons who have registered in proper way in the prescribed format, counter signed by the Principal and Team manager will be allowed to participate. **No spot entry allowed**.
j. Colleges who have not submitted entry in detailed format are requested to submit it with one week.
k. Two persons per department are allowed for athletics in case of students from main campus. There will be only one team for games from the main campus.
l. Detailed entries in prescribed format for athletics must reach on or before 10th February, 2010. **Late entries will not be entertained.**
m. Organizing committee will be having full rights for changing the rules according to the convenience for smooth conduction of the meet.

ii. CRICKET

- All teams should bring their own kit for playing.
- Balls for the match will be provided here.
- Decision of the umpires will be final.
- All matches will be played in 15 overs till quarter finals.
- Semi-finals will be played in 20 overs.
- Final match will be played in 25 overs.
- All teams must be in full uniform. (White t-shirt, white lower and shoes).
- Teams which are not reporting before 30 minutes of the commencement of the match will be disqualified and the other team will get walk-over.

- All teams must maintain discipline through out the match.
- All team members must bring their college identity card.

iii. FOOTBALL

- Decision of the referees will be final.
- Teams which are not reporting before 30 minutes of the commencement of the match will be disqualified and the other team will get walk-over.
- All teams must maintain discipline through out the match.
- All matches will be played in duration of 20 minutes each half.
- Final match will be played in duration of 30 minutes each half.
- All players must be in proper uniform in the ground, including football boots.
- All team members must bring their college identity card.

iv. BADMINTON

- Teams which are not reporting before 30 minutes of the commencement of the match will be disqualified and the other team will get walk-over.
- Decision of the referees will be final.
- All teams must maintain discipline through out the match.
- All matches including final will be played in the basis of best of three.
- All team members must bring their college identity card.
- All teams must be in full uniform including shoes.

v. VOLLEYBALL

- Teams which are not reporting before 30 minutes of the commencement of the match will be disqualified and the other team will get walk-over.
- Decision of the referees will be final.
- All teams must maintain discipline through out the match.
- All matches including final will be played in the basis of best of three.
- All teams must be in full uniform.
- All team members must bring their college identity card.

vi. BASKETBALL

- Teams which are not reporting before 30 minutes of the commencement of the match will be disqualified and the other team will get walk-over.
- Decision of the referees will be final.
- All teams must maintain discipline through out the match.
- All teams must be in full uniform.
- All team members must bring their college identity card.

vii. THROWBALL

- Teams which are not reporting before 30 minutes of the commencement of the match will be disqualified and the other team will get walk-over.
- Decision of the referees will be final.
- All teams must maintain discipline through out the match.
- All matches will be played in the basis of best of three.
- All teams must be in full uniform.
- All team members must bring their college identity card.

viii. TABLE TENNIS

- Teams which are not reporting before 30 minutes of the commencement of the match will be disqualified and the other team will get walk-over.
- Decision of the referees will be final.
- All teams must maintain discipline through out the match.
- All team members must bring their college identity card.

For further Details:
Sujith S Nair : 9846977955; 9287932002; Res: 0484 2777955
Shibu G : 9495467992